love and joy
hugs + kisses
COMING YOUR WAY
Safer sex guide: safe sex during isolation

During the time of isolation here are some great tips to keeping safe during sex
1. IF YOU'RE FEELING SICK PLEASE ABSTAIN FROM SEX
2. AVOID SOCIAL DATING SITES FOR LINK-UPS. TRY VIRTUAL DATES, PHONE SEX, OR SEXTING INSTEAD!

IF YOU'RE GOING TO LINK UP, WRAP IT UP! CHOOSE ONE QUARANTINE BOO. TRY MUTUAL MASTURBATION. GET TESTED!
3. BEFORE YOU BEGIN, MAKE SURE YOU ARE PROTECTING YOURSELF WITH A SAFE SEX KIT, SUCH AS CONDOMS, LUBE AND INFORMATION ON WHERE TO GET TESTED. FOR A LIST OF PLACES VISIT HIV TESTING LOCATIONS | HIV.GOV OR CALL US AT 773-795-1680
4. WASH YOUR HANDS FOR 20 SECONDS WITH SOAP AND WATER BEFORE AND AFTER PLAY TIME.
5. IF YOU HAVE A COUGH, COVER YOUR MOUTH. ALWAYS COUGH OR SNEEZE INTO A TISSUE OR YOUR ARM WHILE TURNING YOUR HEAD AWAY FROM YOUR PARTNER; IN FACT, THIS REDUCES YOU EXPOSING YOUR PARTNER.
6. NEVER COUGH OR SNEEZE IN ANYONE'S FACE.
7. IF YOU DO ENGAGE IN PLAY TIME WHILE YOU HAVE A BAD COUGH OR RUNNY NOSE, HAVE YOUR BACK FACING YOUR PARTNER.
8. ORAL SEX IS ALWAYS AN OPTION
9. MAKE SURE TO CLEAN ALL TOYS, AND DISINFECT ALL PLAY AREAS
10. CONSENT!