

WHO WE ARE

Care2Prevent (C2P) is a program of the University of Chicago Medicine. C2P's team provides comprehensive medical care, behavioral health, case management, social support, and patient education to people living with or vulnerable to HIV/STIs. C2P works to radically reduce HIV transmission events through the provision of comprehensive HIV treatment and prevention services for HIV positive, LGBTQ, and underserved youth communities on the South Side of Chicago.

FOR INFORMATION ON C2P SERVICES

773-702-5186
9am-5pm

care2prevent.com

CRISIS CARE

C2P After Hours Access to Support





SAFETY

RAINN 800.656.HOPE

If you or someone you know has experienced a sexual assault and need to talk with someone, access local resources, or get legal help.

Polaris 888.373.7888 OR Text “help” or “info” to 233733

If you or someone you know is being forced by someone to work or have sex in order to survive, call this 24 hour hotline.

Illinois Domestic Violence Hotline 877.863.6338

Crisis intervention and referrals to emergency housing and support services to victims of intimate partner violence. Counselors can help concerned family & friends, too.

SUICIDE PREVENTION

National Hopeline Network 800.SUICIDE (784.7433)

Trained counselors provide support

National Suicide Prevention Lifeline 800.273.TALK (8255)

Free and confidential support for people in distress

Trevor Project 866.488.7386

Suicide and crisis line for youth. Call if you are in need of a safe and judgment-free place to talk.

Trans Lifeline 877.565.8860

Trans and GNC-specific suicide hotline. Line is run by volunteers so *be prepared to call a crisis line above if there is no answer*. You cannot leave a message.

Screening, Assessment and Support Services (SASS) 312.554.0600

For caregivers of children and adolescents who are experiencing a mental health crisis, including suicidal and homicidal thoughts.

FOOD & HOUSING

IGNITE 773.548.4443

Youth Homelessness info, including how to connect to emergency overnight shelters, get on the waitlist for youth housing, and other resources. Hit “0” to connect to a person.

Chicago City Services 311

To connect with adult homelessness services such as finding a shelter or homelessness prevention such as eviction prevention and rent assistance.

Greater Chicago Food Depository 773.247.3663 or

<https://www.chicagosfoodbank.org/find-food/>

Call or use link to find days and hours for all food pantries and soup kitchens in your zip code

MENTAL WELLNESS

NAMI Helpline 833.626.4244 M-F | 9am-5pm

Free & confidential mental health line. Help with legal and housing issues, too.

Community Triage Center 773.291.2500 | 200 E. 115th St., Chicago, IL 60628

24 hour unlocked facility for people in crisis. You can just show up. Good for mental health crisis, entering substance treatment, needing support for stabilization. Quiet room available.